



*MUNSS Meeting Minutes  
6-9pm, January 5<sup>th</sup>  
McMaster University HSC 2J13*

**Call of the Role**

**Present**

Joshua Carvalho (President), Kevin Kim (VP-McMaster), Tyler Schlosser (VP- Conestoga), Anmolpreet Kaur (Secretary), Chris Wituik (Education-Mohawk), Laura Hidvary (Education-McMaster), Matthieu Payette (CNSA OD), Lois Chui (Level1- McMaster), Sophie St.Pierre (Level 1-McMaster), Tommee Sasinouan (Level 1- Mohawk), Brianne Flowers (Level 1-Conestoga), Kristin Chambers (Level 2-McMaster), Tea Pere (Level 2- McMaster), Heather Buchanan (Level 2- Conestoga), Krista Sferrazza (Level 3-Mohawk), Rebecca Vinken (Level 3-Mohawk), Marika Watson (Level 3- McMaster), Camille Peplinski (Level 3- McMaster), Lainey Ogilvie (Level 3- Conestoga), Beth Fitzgerald (Level 4- Conestoga), Natalie Frixione (Level 4-Mohawk), Shea Vanderspank (Level 4-Mohawk), Nadine Bennett (Level 4- McMaster), Jess Voortman (Level 4-McMaster), Kristen Barnum (RPN-BScN Mohawk), Boey Chak (CNSA AD-McMaster), Grant Macneil ( CNSA AD- Mohawk), Kylie Teggart (Awards/Scholarships), Leighanne Swance (RNAO), Lisa Chalklin (Social Co-Chair), Conrad Schoenfeld (Social Co-Chair), Chris Kilbourne (Communications)

**Faculty  
Absent**

Cynthia Hammond (Mohawk)  
Dianne DalBello (Conestoga), Ola Lunyk-Child (McMaster), Matthew Veldman (VP-Mohawk), Lori Lopez (Level 2- Conestoga), Farida Mamoukhova (Education- Conestoga), Sophie Lapierre-Green (Level 1-Mohawk), Catherine Black (Level 1- Conestoga), Brittany Stevens (Level 2- Mohawk), Tsewang Dhargyal (Level 2- Mohawk), Bethany Gladding (RPN-BScN Conestoga), Taryn Theaker (Treasurer), Sarah Walji (Uniforms)

**Start of the Meeting**

Motion	To start the meeting at 6:04
Motioned By	Kevin Kim (McMaster VP)
Seconded By	Tyler Schlosser (Conestoga VP)
Motion Conclusion	Passed by general consensus

Motion	Amendment to the agenda – Move President Feedback to next week to allow for Heather L2 Conestoga to speak about Conestoga Electives.
Motioned By	Laura Hidvary (Education- McMaster)
Seconded By	Tomme Sasinouan (Level 1- Mohawk)
Motion Conclusion	11 for, 0 opposed, 1 abstained : PASSED

• E  
lectives-  
lack  
of  
tran  
spar  
ency

and accountability on enrolling in electives at Conestoga

- Heather L2 Conestoga has made an email to send to Lynn Voelzing- solution proposed: site specific documents outlining all rules and regulations on prerequisites for courses, what we can take, what needs to be taken, etc.
    - Mohawk students don't seem to have this problem.
  - No consistency provided by Conestoga faculty in if we can take more than 1 elective in a year or not
  - You don't really know what prerequisites are for COLLAB Electives.
  - Lynn Voelzing has said that there is no such thing as a full elective. SON will continue to make spots until full.
    - Josh is unsure if Lynn can commit to this because limiting room sizes for electives.
    - Hopefully more information about this will come to light after correspondence with Collaborative Partners at Conestoga.
  - Email will be sent to Lynn Voelzing, Anne Bolender, Sharan Baptist, and Josh (president)
- Every single undergraduate student is supposed to be of the MSU.
    - This is stated in the MSU constitution and bi-laws, however Conestoga and Mohawk are not a part of MSU.
    - There will be duplication of services if we pay for both our college associations and the MSU.
    - Mohawk students have access to the wellness centre at McMaster now
    - Concern- overwhelming the healthcare services at McMaster.
      - Josh addressed this concern:
        - There will not be any "additional" students to the wellness centre at McMaster because the Wellness Centre should be seeing Mohawk Students.

- Josh is unsure of why students at Mohawk keep getting turned away from the Wellness center.
    - He's in the process of following up for transparency for student body.
- CNSA Conference coming up starting January 28<sup>th</sup>
  - Tyler (Conestoga VP) was the recipient of the award
  - As numbers stand right now, this is the lowest attendance so far
  - \$500 flight, \$200 room, \$150 conference registration (if registered in a hotel, otherwise it's \$195)
  - Beneficial to your career in the future- exposure to different types of nursing, networking with individuals which can help with obtaining a job as well
  - Email [cnsa@munss.ca](mailto:cnsa@munss.ca) if you are interesting in going
- Presidential elections coming up- nomination period opens January 7<sup>th</sup>-January 14<sup>th</sup>, and then it will be a campaign period or vote of confidence depending on how many people sent in nominations
  - Individual must have at least 1 year of MUNSS experience, with a recommend 2 years of experience
- First president elections, then core and executive position elections
  - Elections will be advertised at the upcoming Maroons event
- Lunch n learn coming up at Conestoga in liaison with RNAO
- Education would like to engage interest in attending town halls, with various levels and streams included in giving their opinion
  - Levels 1-3 go to one town hall and level 4s go to another town hall
  - Concern- how are individuals going to be professional when voicing their opinions
  - It would be useful to have a town hall for the RPN-BScN stream
  - Inform the student population of what a town hall is and who will attend this meeting, if we are going to go forth with holding one
- RPN-BScN conference attended by Chris (education)- research has been done, this stream has been outperforming basic stream in all indicators of professionalism and other areas
- Donna Rawlin was pleased with the feedback she got, but a little upset that nobody brought up that there were things that are being done well at Mohawk site
- Level 4 updates: exec photo copies have come in so please see Jess if you were present for the photo , grad formal is April 11<sup>th</sup> and they will be needing volunteers, grad sweaters are being sold, pinning planning is now getting started
- Communications update: change the rolling photos on the website
  - Send any updates on events you are planning to communications so that the calendar can be updated
- Level 1 updates: relay for life March 13-14<sup>th</sup>, nursing team is on the level 1 Facebook groups and the exec groups, there is a separate group on Facebook for those have registered for fundraising efforts
- Social updates: nursing formal March 7<sup>th</sup> at Hamilton Convention centre, Bayfront skating event Jan 16<sup>th</sup> or 23<sup>rd</sup> weeks

- CNSA update: Bell Let's Talk day to raise awareness for mental health in Regina.
  - Buttons and Wrist bands will be given as a means to stimulate a conversation about mental health and mental illness nationally with Nursing Students.
- Awards update: in the process of finalizing awards and applications with the committee
- Student question: is there a way for MUNSS to run a mental health first aid event
  - One of the level 4s knows someone from her previous placement that is certified to run it.
- Level 3 updates: one team of 30 has been approved for nursing games, 13 spots still available on the second team, working on nursing games hotels and transportation now
  - Nursing games cost: \$90 registration, transportation between \$10-30, hotel costs to total around \$200
- McMaster VP updates: noticed that there was shock on grades and many students didn't know about the exam review policy and procedures, and the appeal policy on remarking assignments and exam
  - How can we make students more aware of these policies?
    - Possibly contact the course planner and university resources in the student centre
- Education updates: nursing Welcome Week Planners are Marika Watson and Jessica Beatty
- RNAO updates: lunch n learn for Conestoga along with Education rep, want to focus more on a Queenspark day instead of AGM- Veronique Boscart would be in support of this and help out, Charlotte Noesgaard indicated that she would be happy to help with funding but to apply congruently as the Hamilton and Waterloo chapters when applying for funding
- Conestoga VP: MUNSS day ideas to present who we are and promote us so that we can get more people join, according to the constitution is that it is 2 weeks prior to Nursing Formal but we are open to any days right now (Social chair would like to attend to sell tickets), consider doing a raffle at MUNSS day
  - Should have this day planned within the next two meetings, connect with other two VPs and build a presentation to present to exec
- RPN-BScN: both reps ran an anatomy review and everyone enjoyed it, currently Conestoga students are paying Bethany to run a tutorial to help them out and students are wondering if this is available at Mohawk
- TED adopted by McMaster event Saturday March 8<sup>th</sup> - want to facilitate discussion while inspiring growth and direction passion, theme is Power of thinking
  - Their tentative budget is \$5800 and would like a donation
  - We have \$1000 for donations in our budget
    - Great way for MUNSS to reach out the McMaster community and good way to advertise MUNSS
    - Good application to nursing

Motion	\$500 donation to TEDx event
Motioned By	Tyler Schlosser (VP Conestoga)
Seconded By	Jess Voortman (Level 4 McMaster)
Motion Conclusion	11 for, 0 opposed, 0 abstained : PASSED

cMa  
ster  
Conf  
essio  
ns:  
thou

ght of self-care workshop and yellow suit compliments, this post was shared 4 times with a comment “nursing school is so hard it is making people want to kill themselves” therefore Josh (President) will be having a meeting with the associate deans and then a follow-up will be done with Lynn Voelzing to discuss all of this

- Heather (Level 2 Conestoga) and Tyler (VP Conestoga) considered doing a coping event for level 1s
  - Should be catering to all levels as there are issues involved in all levels- possibly consider doing something in libraries or other common areas doing free tea or other small initiatives
- Consider having a side event for welcome week for those individuals that suffer from social anxiety- similar to how residence has the concert or board games option
- Should have multiple small events and they don’t have to be advertised as mental health events
- Tie in Let’s Talk (CNSA) and the nursing association (shirts or yellowsuits) while considering partnering with the wellness centre when doing these events
- Consider St.Joe’s psychiatric to do a conference type day

Summary of Proposed Uniform’s Policy

- Facial hair neatly trimmed and well-kept as per agency policy
- Spacers do not have anything to with infection control, we will be leaving spacers out of the policy and state only one set of studs allowed
- Facial piercings should be kept as studs only as well as they can also be pulled like in your ears; 1 stud only
- Lanyards are not appropriate for keeping ID badges but exceptions may be made per agency policy- students are recommended to use a ID badge pulley
- No nail polish at all
- Kaleidoscope uniform from bookstore for all levels but level 4
- Allowing sweaters will cover the kaleidoscope logo therefore it’s kept at as they aren’t allowed in practice
- Level 4s: due to extended hours, when it’s not possible to wear the BScN uniform students can set a meeting with their tutor and preceptor to discuss this
  - Expectation is to wear the uniform unless discussed with these two individuals
- Community and mental health settings: no flip flops or heels, clothing should be wrinkle-free and professional

Motion	Pass the policies and procedures
--------	----------------------------------

Motioned By	Chris Wituik (Education-Mohawk)
Seconded By	Conrad Schoenfeld (Social Co-Chair)
Motion Conclusion	12 for, 0 opposed, 0 abstained: PASSED

**End  
the  
Mee  
ting**

Motion	To end the meeting at 8:01
Motioned By	Leighanne Swance (RNAO)
Seconded By	Kristin Chambers (Level 2 McMaster)
Motion Conclusion	Passed by general consensus

Meeting Adjourned