

MUNSS Meeting Minutes 6:30pm, November 21, 2016 McMaster University HSC 2J13

# Call of the Role

**Present** 

Anmolpreet Kaur (President), Lois Chui (VP-McMaster), Leighanne Swance (VP-Conestoga), Jessica Hill-Porter (Executive Assistant), Maryam Salik (Education-Mohawk), Mira Sayah (Education-McMaster), Shivani Patel (Communications), Heather Buchanan (CNSA OD-Conestoga), Hannah Cross (CNSA OD-McMaster), Thomas O'Handley (CNSA OD-Mohawk), Kayla Bradley (Level 1-McMaster), Sara Rajiwate (Level 1-McMaster), Lou Ginne Avancena (Level 1-Mohawk), Grace Sinke (Level 1-Mohawk), Adriana Tugg (Level 2-Mohawk), Laura Chapman (Level 2-McMaster), Shirwa Geele (Level 2-McMaster), Jessica DeBackere (Level 2-Conestoga), Aidan Nitz (Level 2-Conestoga), Sophie Lapierre-Green (Level 3-Mohawk), Mackenzie Mawson (Level 3-Mohawk), Alison Langendon (Level 3-McMaster), Brianne Flowers (Level 3-Conestoga), Dallas Miller (Level 4-Conestoga), Christina Pastore (RPN-BScN-Conestoga), Bailey Rogers (RPN-BScN-Mohawk), Cara Peters (RPN-BScN-Mohawk), Josh Enzlin (Accelerated), Melina Lin (Accelerated), Rebecca Crawford (CNSA AD-McMaster), Alexandra Dandy (CNSA AD-Mohawk), Vigne Sridharan (CNSA AD-Conestoga), Mary Attalla (Awards and Scholarships), Sarosh Karma (Social Co-Chair-McMaster), Megan Pople (Social Co-Chair-Conestoga), Kelly Long (SRA), and Aliisa Ragnanan (SRA)

Faculty Absent Cynthia Hammond (Mohawk),

Dianne DalBello (Conestoga), Ola Lunyk-Child (McMaster), Amanda Todd (VP-Mohawk), Joyce Ng (Finance), Shannon Forbes (Education-Conestoga), Ashlyn Baer (Level 4-Conestoga), Hilary Sudar (RPN-BScN-Conestoga), Kristin Greig (Level 1-Conestoga), Andrea Rideout (Level 1-Conestoga), Caitlin Devries (Level 3-Conestoga), Rachel Rowey (Level 3-McMaster), Zoe Waller (Level 4-Mohawk), Katie Labron (Level 4-McMaster), Nikki Berza (Level 4-McMaster), Sharon Nwamadi (RNAO-Hamilton), Lawson Sherwood (RNAO-Kitchener-Waterloo), Joseph Fan (Social Co-Chair-McMaster), Alyson Bierling (GUNI-McMaster/Mohawk), Selena Braund (GUNI-Conestoga) and Caitlin Brydges (GUNI-Conestoga)

# **Start of the Meeting**

Motion	To start the meeting at 6:32pm
Motioned By	Shivani Patel (Communications)
Seconded By	Aidan Nitz (Level 2 Representative)
Motion Conclusion	Passed by general consensus

## **Nursing Games Proposal**

- Nursing Games will be held at Nippissing University on March 17-19, 2017. The hosting school designs or chooses three sports for students to participate in. Each student attending must compete in 1 sport (as there is 10 members per team).
  - This year Nippissing is implementing the event of "Amazing Nursing" and a few students to participate in a simulation lab event
  - The university will also be hosting social events to promote networking with nursing students from other streams and schools.
- Level 3 representatives are proposing a budget to subsidize the cost for students attending Nursing Games in March 2017.
  - Registration fee is \$90.00 per person. It is required to have a team of 30 individuals to participate within the Nursing Games resulting in a cost of \$2700.00 (30 student's x \$90.00 registration fee)
  - The registration fee includes all meals expect Friday
  - Hotel fees are not included with registration; this will have to paid separately.
     For accommodations 2 nights for 30 individuals (3-4 individuals per room) with the hotel discount from Nippissing University (school hosting Nursing Games) will result in a cost of \$7390.20.
    - With accommodation fees and registration fees this brings the individual cost of \$151.58 (per person) to attend Nursing Games, this does not include transportation, meals of Friday and extra spending money).
- Proposing that MUNSS covers the registration costs of \$2700.00 for 30 students to attend Nursing Games. This will bring the individual cost down to \$61.58-\$82.11.
  - Will have to discuss further with finance, however the society is certain that there is enough within the MUNSS budget to accommodate for this proposal as the funds will be coming out of the direct surplus and not donations.
  - Concerns with having more than 30 students applying to attend Nursing Games.
    - Level 3 representative will be implementing a waiting list. The registration document will be posted as a first come first serve basis.
    - The first 30 students that sign-up will have to pay for their hotel fees upfront (as a deposit to ensure the student will be attending and to reserve spots with the hotel and the university).
  - Concerned if any additional costs will be required for sporting equipment.
    - In the past the hosting university supplies all the sporting equipment for the students.

- Other schools that participate within Nursing Games do design their own jerseys and McMaster typically only uses the shirts that the hosting school provides. This could be something McMaster could implement to promote school spirit.
  - Every participating school does have the option of choosing their own colour for the t-shirts that are provided, however if MUNSS would like to design a jersey this can be discussed further with core members going forward.
- Clarification on the application process.
  - Open to all nursing students. The Google Form for signing-up will be sent out once all communication avenues, social media, and bulletin boards have advertisement for registration for Nursing Games.
  - The registration form will ask for name, level, site, stream, and method of transportation. If transportation cannot be coordinated then other options can be explored, such as a Mega Bus.
  - Again, registration will be a first come first serve basis and those first 30 students must pay their fees by a specific date and if they do not then the representatives plan to move down the waiting list.
  - All 30 spots do need to be filled before McMaster can register as a team for Nursing games. If McMaster does not have a full team, meaning the 30 spots were not filled then McMaster will have to collaborate with another school to make a full a team.
    - There will be 7 other schools participating within Nursing Games.
    - McMaster has been able to fill all 30 spots in the past two years.
  - There has not been a deadline set as of yet, hopefully once the hosting university sends out the information regarding what sports have been chosen there will be more specifics.
    - Nippissing has tentatively said they would like payment by February with no specific date, but other than this no other information has been provided.
- Agreed that advertising that MUNSS will be subsidizing the cost will definitely bring more interest from the nursing student body to participate within Nursing Games. There were questions surrounding the amount MUNSS has offered for Nursing Games in the past.
  - MUNSS has covered the costs of registration for the past two years, which last year was \$2700.00.
- If McMaster could not fill all 30 spots and would have to merge with another school, could the additional money left over for student registration be used to further subsidise the cost of those who are attending Nursing Games.
  - Once the budget is approved, the \$2700.00 is for Nursing Games and it will be up to the level 3 representatives to decide how the money will be used.

Motion	To use \$2700.00 of the MUNSS budget to cover the registration
	fee of \$90.00 for 30 students to attend Nursing Games.

Motioned By	Thomas O'Handley (CNSA OD)
Seconded By	Sarosh Karma (Social Co-Chair)
Motion Conclusion	Yes 13, Against 0, Abstained 1 → PASSED.

# deSCipher

- An event held by Health Sciences, that is similar to the Life Sciences Challenge held by UofT that incorporates topics from the health sciences such as neuroscience, pathophysiology, microbiology, immunology biochemistry, pharmacology, physiology, etc.
- Would like to have an interfaculty workshop to enhance interprofessional collaboration between faculties. There will be teams of 3-4 that will work together to complete activities, typically centered on case studies.
- Anmolpreet has suggested to health sciences to use IAHS for event booking as it free of cost to decrease the cost. The proposed date is February 4, 2017 and will be a cost of \$20.00 per team to register, which is a tentative amount based on donations (would like to have amount reduced to \$10.00 or free).
- Within the budget proposal from BHSS, tentative amounts were proposed from each
  faculty with MUNSS donating \$150.00 to cover the costs of yard signs (advertisement),
  refreshments, event materials, event location (will investigate if event can be held
  within IAHS to reduce cost) and packages for attendees as an incentive suggested by
  Anmolpreet (pending based on donations received).
- Those hosting the event would like to know if MUNSS would want to donate and if there would be any nursing interest to help promote and advertise.
  - Anmolpreet asked if the MUNSS logo would be incorporated within event advertisements if MUNSS agrees to donate and support. The committee has not considered this and can be discussed further.
  - Will nursing develop their own team or will the teams have members from different faculties?
    - It seems like students will have to register within their own faculty, so all members within the team would make a "nursing team"; but clarification will be done to confirm
  - Is the \$150.00 within the proposed budget, the amount that MUNSS is expected to donate?
    - The committee hosting the event does not have minimum amount that needs to be donated and the \$150.00 was an estimate based on other faculty donations.
    - The donation from MUNSS will reduce the cost of the event and as a result reduce the registration cost.
  - Would the winner from this event go to the U of T competition or are these events different?
    - No, this committee wanted to bring a similar competition to McMaster, but on a smaller scale.

- Level 1 and Level 2 nursing students would not be able to participate within the event as some of topics have not been covered yet and there are topics within the event that nursing does not cover at all. This would limit the amount of nursing students that can participate and hinder those nursing students participating as some areas are not covered within the nursing program.
  - Other faculties have extensive knowledge in other topics and some do not, so certain teams would excel or be hindered in certain aspects of the competition.
     Whereas interfaculty teams would allow for interprofessional learning and collaboration.
- It is nice to work together as a nursing unit, but interprofessionalism is the core of health care. If the teams are strictly made from only one faculty, there will be no beneficial impact for those participating. An interprofessional team would be more appropriate and support the interprofessional collaboration that the committee is trying to promote with this event.
  - Going forward, BHSC would like this event to start off as interfaculty with reps from each faculty organizing it, instead of just BHSC
  - o In order for this event to be sustained, the event needs to have interfaculty collaboration.
- This feedback should be presented to the committee and hopefully assists them in incorporating interprofessionalism within the event to make the event more beneficial, collaborative and sustainable for upcoming years.
  - Anmolpreet will present to the committee that as of right now MUNSS does not interest in participating within the event due to lack of clarification of the event and interprofessionalism, especially since the event objectives highlight interfaculty collaboration.
  - Anmolpreet can take this input to the committee and MUNSS can revisit this conversation once feedback is available.

## **Updates**

- VP Conestoga:
  - NNSW had an event at Conestoga on November 16<sup>th</sup> including a keynote speaker presenting on the topics of homelessness, queerness, and sex work and a nursing speciality rounds occurring after with a sexual assault nurse examiner, ET nurse, new grad in mental health, flight nurse and trillium gift of life nurse. Had 40 students present for the event with 5 students from McMaster and Mohawk. The event overall received good feedback form participants and guests.
  - Suggestion for a MUNSS initiative: Representative from each site should collect hats, mittens, coats and scarves to be donated to local charity such as Good Shepard or to health science library donation bins.
    - Those who want to volunteer for this initiative need to have contact with each other to coordinate which charity these donations will be taken to and method of collection.
    - Level 2's at the Mac and Mohawk site have volunteered to take this on in Hamilton, and there will be a group formed at Conestoga to contribute in

#### Kitchener

#### RPN-BScN:

 A&P review session will be held November 22 at Conestoga, will bring back feedback. Currently the event is being lead by upper years, whom have asked lower years to submit questions, however only 1 student has submitted a question. Due to this, upper years are planning to go over course objectives and answer questions as they arise.

## • Level 1:

- McMaster Engineering Society representative reached out to the level representative for a "Love Pub" event near Valentine's Day for a collaborative event. Unclear of specifics, but Eng is planning for the event to cater for 19 plus students.
  - Anmolpreet will contact Eng president to get clarification of event.
- Recently developed a Facebook group events page for Relay for Life. Planning to make posters for each site about the Nursing team for Relay for Life and a banner that team members can work on together once individuals are registered.
  - One level representative will be the team captain and nursing students will register under the "Nursing Team".
  - Anmolpreet will contact relay organizers for events specifics and provide information for level 1 reps.
- Organizing an ugly sweater day for the last class of A&P.
- Received negative feedback from A&P midterm review, so not likely going to have another review session for the final this semester. May revisit this next semester.
  - Conestoga representatives might be conducting a review session for the final, ensure that all sites are consistent because Dr. Helli will not hold a review session unless all sites will have one.

#### Social:

- Dundurn castle tour on November 27. The site is providing free tours this day and the location is close.
- Hike with Kin and Health Sciences students had 1 nursing student, 0 health sciences students and 40 Kin students. The overall event was a good experience but poor attendance from nursing.
- Propose that yellow suits get involve with social events, as social events have poor attendance and this is an issue that needs to be addressed and improved.
- Movember shave off at the end of the month, still need to book a room in IAHS and develop a banner for promotion.
- o Have collected answers for formal theme, which will be released at a later date

### • Level 4:

- Graduation sweater sample sizes are in and taking orders- \$85/sweater
- Will be putting in a bulk order for 3 month or 6 month UWorld subscriptions which they were able to get a discount for. The order will be put through in December so that those fast-tracking are able to use their subscription right

away.

- For those that aren't graduating in December, they can still buy a subscription but wait till a later date to activate it.
- Graduation photos McMaster/Mohawk are being taken at the Lifetouch studio on campus in the student centre- it has been advertised that students can book their own appointments to have their grad pictures taken.
  - Conestoga- lifetouch from Mac will be coming to Conestoga in February 2017 for a week to take grad pictures for the Conestoga site BScN students
- Pinning rooms have been confirmed and it is all in one venue (Hamilton Convention Centre)
- Conestoga site L4 Reps will be having a meeting with the faculty member at Conestoga assisting with pinning, Dianne DalBello, in January
- Career fair has been planned for January 5<sup>th</sup>, however the Level 4 orientation is January 4<sup>th</sup> so this date may be changed so it occurs on the same day as the orientation.
  - Career fair letter needs to be signed by Dr. Baxter.

### Accelerated:

 Booked room for mock OSCE and have volunteers organized. Planning to have event for December 2, 12:30pm-3:30pm. Currently working on EOHSS and will have form submitted to Anmol soon.

#### Communications:

- Spam has reduced within the email accounts.
- o If members have changed their passwords for the email accounts, this information needs to be sent to communications@munss.ca.

## • SRA:

- Every Tuesday SRA posts "Nurses of McMaster", however students have complained that the posts are not inclusive from all sites or levels. SRA would like students to email SRA or contact members on Facebook to be a part of this initiative.
- Students with a yellow border on their student card now have access to the health sciences lounge.
- January 9<sup>th</sup> planning to have a nursing collaboration with the student success center to organize a nursing panel designed to review resumes and cover letters.
   This event will be open to all sites and streams.

### • Education:

- Would like to organize a mental health first aid session for students
  - This event has not been held before mostly because it is expensive with a cost of \$165.00 per person. Would like to explore other avenues or organizations to conduct the session, but a better cost.
    - Continuing education at Conestoga College runs the course at \$129.00 per person.
    - Linda Rosart (at Mohawk pre-placement office) conducts similar

training session for faculty and may be willing to host an event for students at a reduced cost

- This can be further discussed once other avenues have been explored.
- Kathy Moreland (Conestoga BScN Faculty) will be hosting another Healing Touch workshop at Conestoga for February. She would again like support from MUNSS in terms of participation in taking the course and advertisement
  - It would be great to have students from Mac and Mohawk attend as well
  - Last year there were around 10-15 who attended the workshop
- Have contacted MSU to apologize as nursing will not be participating with Wikithon due to lack of interest and event clarification.
- ECG course will be occurring at McMaster, possibly for January. The session last year was \$90.00 per person. Last year there was a good turn out so may have two sessions next semester.

#### Level 2:

- McMaster/Mohawk:
  - Will be having an event on November 24 at Serve Ping Pong as a social event.
  - Trick or Eat was successful, however the group was only assigned to a limit number of blocks so the event ended quickly.

## o Conestoga:

- Will be having a level 1 clinical practice session on November 28 from 12:00pm-3:00pm. Had 50 students sign up in 30 minutes, planning to have a successful event.
- Will be submitting EOHSS for event soon.

#### Executive Assistant:

- Members need to ensure that absences for meeting are sent early and not hours prior to the meeting, unless it is an emergency.
- Absences need to have a valid reason and having work is not a valid reason.
- MUNSS is a commitment all members agreed to and attending bi-weekly meetings is a part of your role as a MUNSS member.
- It also does not look good when guest speakers are present and approximately half of members are absent, especially since the McMaster BScN and MUNSS are a tri-site collaborative program and society.
- o It also seems that members are not attending meeting at Conestoga College.
  - The Conestoga exec members are making the commute to the McMaster meetings and the same should be reciprocated from McMaster students.
  - Around 30% of exec is from Conestoga and they are making the commute to McMaster for meetings, so the same should be for exec members at Mohawk and McMaster who are only being asked to drive down for Conestoga meetings 2x/term
  - It is unfortunate to see low attendance at Conestoga meetings

## • CNSA:

 All sites combined raised a total of \$344.00 for Fetal Alcohol Spectrum Disorder advocacy initiatives during National Nursing Students Week

- Conestoga had a level 3 draw winner, McMaster and Mohawk both had a level 1 winner.
- Had set a side items and swag for the Six Nations campus.
- Received 6 applications for the CNSA regional conference scholarship. There was worry from regional conference attendees that there would be too many applications and this thought to have lead to low submission of applications.

#### Awards:

- Will have more updates from meeting in January and planning to have award nominations in February.
  - Self-nominations for BScN Program Awards need to be validated/supported by faculty.

## • President:

- Events need to be planned out earlier so promotion can be posted on all avenues of communication including Avenue2Learn, bulletin boards and social media to avoid complaints.
- Working on finding a bulletin board at McMaster because the board outside the hole in the wall is currently being used. This will be investigated further by the program manager. A bulletin board at Mohawk will be discussed with Donna Rawlin.
- Announcements: New Chair of Nursing at Conestoga College is Heather Cross and Dianne DalBello is now the new level 1 coordinator.

# **End the Meeting**

Motion	To end the meeting at 8:01pm
Motioned By	Leighanne Swance (VP-Conestoga)
Seconded By	Brianne Flowers (Level 3 Representative)
Motion Conclusion	Passed by general consensus

Meeting Adjourned