



MUNSS Meeting Minutes

6:30-8:30pm, November 5th, 2015

McMaster University, HSC 2J13

Call of the Role

Present

Krista Sferrazza (President), Camille Peplinski (VP-McMaster), Matthew Veldman (VP-Mohawk), Leighanne Swance (VP-Conestoga), Anmolpreet Kaur (Executive Assistant), Laura Hidvary (Education-McMaster), Boey Chak (CNSA OD), Katie Pruden (Level 1- McMaster), Laura Chapman (Level 1- McMaster), Caroline Wysocki (Level 1- Conestoga), Mike Bostioca (Level 1-Conestoga), Betty Xamounty (Level 1-Mohawk), Lois Chui (Level 2- McMaster), Sophie St.Pierre (Level 2- McMaster), Tommee Sasinouan (Level 2- Mohawk), Brianne Flowers (Level 2-Conestoga), Breanne Soeting (Level 3-Mohawk), Nicole Mills (Level 3- McMaster), Ashlyn Baer (Level 3- Conestoga), Dallas Miller (Level 3- Conestoga), Kylie Teggart (Level 4- McMaster), Caroline Mueller (Level 4- McMaster), Rebecca Vinken (Level 4-Mohawk), Erin Docking (RPN-BScN Conestoga), Hilary Sudar (RPN-BScN Conestoga), Terrance McBean (RPN-BScN Mohawk), Andrea Harvey (RPN-BScN Mohawk), Heather Buchanan (CNSA AD- Conestoga), Grant Macneil (CNSA AD-Mohawk), Viorica Lefter (Awards/Scholarships), Marika Watson (Social Co-Chair), Katie Labron (Social Co-Chair), Joyce Ng (Finance Chair), Sheldon McGinn (Accelerated), Eunice Leung (Accelerated), Joshua Carvalho (MUNSS Member)

Faculty

Ola Lunyk-Child (McMaster)

Absent

Dianne DalBello (Conestoga), Cynthia Hammond (Mohawk), Danielle Veldman (Level 1-Mohawk), Selena Braund (Level 2-Conestoga), Lainey Ogilvie (Level 4- Conestoga), Zoe Waller (Level 3-Mohawk), Farida Mamoukhova (Education- Conestoga), Amber Oram (Level 3- McMaster), Charlotte Blakely (Level 4-Mohawk), Sophie Lapierre-Green (Level 2- Mohawk), Bianca Colcer (Communications),

Start of the Meeting

Motion	To start the meeting at 6:32 pm
Motioned By	Caroline Mueller (Level 4-McMaster)
Seconded By	Marika Watson (Social Co-Chair)
Motion Conclusion	Passed by general consensus

- CNSA Regional Conference- Ottawa
 - president of CNSA was very pleased about the Aboriginal health initiatives at McMaster in our curriculum
 - NCLEX statement submitted by the CNSA
 - Boey (CNSA OD) will send it out to the exec
 - CNSA wants to address that all nursing schools across Canada have better translation between french and english for the french speaking population, working with ONA to increase the number of writing attempts
 - resources that CNSA endorses is Lippincott Passpoint, uWorld, Saunders
 - membership fees are due on December 1st
 - possibility of becoming 3 different chapter schools (Conestoga, Mohawk, McMaster) so that we have more of a say at national assembly
 - constitution would have to be changed to make the AD/OD a 2 year commitment
 - This discussion was motioned to be tabled until November 19th meeting (see below)
 - National conference in late January at Sault Ste. Marie
 - travel bursary for 4 students
 - hoping to be able to set aside enough money as a chapter ourselves to send people from each site to conference
 - hotel rooms \$85/night
 - fundraisers
 - wine and cheese event
 - possibility of incorporating a mini-conference into this event
 - could include something along the lines of “what happens after nursing school” panel

- a day conference with the panel in the morning followed by lunch, career fair, wine and cheese night
 - level 4's already have a career fair booked for the first week of January so there is a lot of overlap that could occur with this event
 - possibility of using the Phoenix for the event
 - Experience from those that attended conference
 - beneficial workshops that gave insight on various things both nursing and education related
- Euthanasia/ assisted-suicide workshop event
 - speaker from UOttawa who spoke at conference
 - he is helping write the legislation for Quebec, associated with CNA
 - possibility of doing a webinar instead of a lunch and learn session here as it will be costly for MUNSS to fund his trip down to Hamilton or Kitchener, along with the accommodation
- NNSW
 - McMaster/Mohawk
 - November 16-20
 - compliment brigade at McMaster along with the WW reps
 - Level 2 will be running a coffee house event at clubspace along with a mental health speaker on Tuesday November 18th, 2015
 - coffee and tea running at Hole in the Wall
 - McMaster VP will be running yoga or rock climbing on Monday November 16th, 2015

Motion	Rock climbing in the evening of Monday November 16th for NNSW
Motioned By	Katie Labron (Social Co-Chair)
Seconded By	Sheldon McGinn (Accelerated)
Motion Conclusion	13 for, 0 against, 0 abstained → PASSED

- Conestoga
 - agora on Monday, Tuesday, Thursday and Friday
 - E wing on Wednesday
 - coffee and tea
 - draw for a drug guide, coffee mugs, magnets

- optional donations to go towards the Canadian mental health association
 - mental health social media campaign with whiteboard- take pictures of students writing about what self care means to them
 - Social update
 - increase the budget to \$10,000 to be able to do 1 event per month
 - Ripley's aquarium event on Saturday November 28th
 - some of the Conestoga initiative will cover the Conestoga bus
 - if social is able to get a budget increase, 25 students per site will be able to attend for free
 - December 7th Christmas night event
 - exam de-stressor
 - \$150 for food and beverages
 - Yoga December 16 and 17th
 - \$14.60 per student
 - Snow tubing during frost week in the first week of January
 - chicopee in Kitchener
 - \$18.08 per student
 - Skating at Bayfront Park
 - possibly collaborate with Level 2 reps
 - Nursing Formal on March 12th
 - no free drink ticket this year, but the bar will be open to students to purchase their own alcoholic beverage if of age
 - at Carmen's Banquet Centre
 - using Carmen's dj and hiring a separate photobooth
 - photo booth will be open all night (6 hours)
 - late night buffet (pizza, poutine, etc) at around 11 pm
 - 1 security member per every 100 people required at Carmen's
 - 1 complimentary security member provided
 - Yoga and games night in April

Motion	Increase the social budget from \$7000 to \$10,000
Motioned By	Marika Watson (Social Co-Chair)
Seconded By	Grant Macneil (CNSA AD- Mohawk)
Motion Conclusion	13 for, 0 against, 0 abstained → PASSED

- Mental Health First Aid

- somebody can come to McMaster and do a 12 hours course catered to nursing students through Mental Health Commission of Canada
 - \$3500 for a 12 hour course for 14-16 students
 - \$5000 for 18-20 students
- will students be able to get professional development hours for clinical ?
- updates
 - President
 - EOHSS forms need to be sent in at least 2-3 weeks before events so that approval can be guaranteed
 - Nursing welcome week planner applications are due on November 15th as per the constitution - they will be released November 6th
 - Interviews will begin the week of November 23rd
 - interview panel will include outgoing planner, level 1 rep, conestoga rep: Level 1 McMaster reps, Leighanne (Conestoga), Marika (outgoing planner)
 - volunteer needed to assist Caroline Byrne for school of nursing celebration luncheon on November 10th from 11:30 am
 - donors for the school of nursing will be in attendance
 - Marika (social) will volunteer
 - spirit wear samples (shirts and sweaters)
 - the more we order, the cheaper it is
 - more than 45 shirts: \$17, less than 45 shirts: \$22
 - t shirts will have the nursing oath on the back
 - Education
 - RNAO: 3 nominations for Hamilton chapter
 - Education- Mohawk: 2 nominations
 - Uniforms: vacant
 - VP McMaster
 - 2 GUNI Liaisons will be Nicole and Dominika
 - Aboriginal health seminar on Tuesday November 10th from 7-9 pm, Hth Sci building at McMaster
 - ECG reading course on January 30th filled up within 12 hours
 - possibility of opening up another day on February 7
 - VP Conestoga
 - RNAO AGM is May 6th, 2016
 - NSO student luncheon will be focused around mental health
 - Awards
 - awards committee want us to put a link on the MUNSS page to advertise external and McMaster nursing awards

- Level 1 Conestoga
 - Bingemans bowling night
- Level 1 McMaster
 - skills review event
- RPN-BScN
 - anatomy review session

Motion	Extend the meeting until 8:45 pm
Motioned By	Camille Peplinski (VP McMaster)
Seconded By	Laura Hidvary (Education- McMaster)
Motion Conclusion	Passed by general consensus

- Accelerated
 - mock OSCE on December 4th
- Level 2 Conestoga
 - exam de-stressor on December 4th
- Social
 - social committee applications have been released
- Level 3
 - Nursing games at Laurentian University in Sudbury on March 18-20
 - Information has been released and the website will be up soon
 - Registration is \$90 per student on a first come first serve basis
 - there will be 8 teams accepted to attend the nursing games

Motion	Table discussion of splitting McMaster University, Conestoga College, Mohawk College Collaborative chapter school into 3 separate CNSA chapter schools
Motioned By	Grant MacNeil (CNSA AD-Mohawk)
Seconded By	Laura Hidvary (Education- McMaster)

Motion Conclusion	13 for, 0 against, 0 abstained → PASSED
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End the Meeting

Motion	To end the meeting at 8:41 pm
Motioned By	Hilary Sudar (RPN-BScn Conestoga)
Seconded By	Sophie St.Pierre (Level 2- McMaster)
Motion Conclusion	Passed by general consensus

Meeting Adjourned